

# Busy bees

## 3-18 months

### Daily Program



| Time          | Activity                                | What we do                                                                                                         |
|---------------|-----------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| 6.15 - 8:00   | Arrival                                 | Health and hygiene check                                                                                           |
| 8:00 -8:30    | Breakfast                               | -Breakfast from 6 months<br>-Bottles<br>-Nappy check                                                               |
| 8:30 – 9:00   | Morning Ring/Circle time/Music Time     | Greeting song<br>Theme discussion<br>Music and movement                                                            |
| 9:00 – 10:00  | Sensory play                            | Messy art<br>Fine motor skills (finger muscles)                                                                    |
| 10:00 – 10:30 | Snack time/Nappy change                 | -Fruit<br>-Squishy<br>-Yogurt<br>-Milk or water bottle<br>-Nappy change                                            |
| 10:30 - 11:00 | Cognitive/Problem solving activity      | -Stacking blocks<br>-Rolling the ball<br>-Opening and closing objects<br>(Activities that the teacher has planned) |
| 11:00 – 11:30 | Lunch Time                              | -Food served from 6 months<br>-Milk bottle<br>-Nappy check                                                         |
| 11:30 – 12:00 | Mat play/Story time                     | -Creating a calming environment with a short story/Mat play with a calming song                                    |
| 12:30 – 14:30 | Naptime                                 | Babies will start laying down from 12:00 and by 12:30 they will be fast asleep                                     |
| 14:30 – 15:00 | Snack time                              | -Soft biscuits<br>-Flings<br>-Milk or juice bottle<br>-Nappy Change                                                |
| 15:00 – 15:30 | Outdoor play/Free play/Gross motor play | Only if weather permits<br>-Sand play<br>-Water play                                                               |

|               |                |                                                         |
|---------------|----------------|---------------------------------------------------------|
|               |                | -Strengthening large muscles                            |
| 15:30 – 16:00 | Groom for home | -Nappy check<br>-Health and hygiene check<br>-Bag check |
| 16:00 – 18:00 | Free play      | -Wait for parents to arrive                             |