

4-5 Class Daily Program



Time	Activity	What we do
6:15 – 8:00	Arrival	Health and Hygiene check
8:00 – 8:30	Breakfast	Served to learners by the school • Jungle Oats • Maize Meal
8:30 – 9:00	Toilet Routine	• Toilet (girls and boys are separated) • Washing hands
9:00 – 9:30	Morning ring/Music ring/Circle time	• Greeting song & classroom rules • Morning wall and theme discussion • Tell their news and celebrate special occasions
9:30 – 10:00	Creative activity/Sensory play (outdoor if weather permits)	• Fine motor development (finger muscles) • Messy art activity and creative development • Cleaning up
10:00 – 10:30	Snack time	• Yogurt • Fruit • Water A time for social engagement
10:30 – 11:00	Toilet Routine	• Toilet (girls and boys are separated) • Washing hands

11:00 – 11:30	Problem solving activity	• Cognitive development • Puzzles • Building blocks Activities that the teachers has planned.
11:30 – 12:15	Lunch time	• Food for the day Healthy nutritious meal is served
12:15 – 12:40	Toilet Routine	• Toilet (girls and boys are separated) • Washing hands
12:00 – 12:30	Story time	• Learners tell their stories • Teacher will tell a story to create a calming environment
12:30 – 14:30	Nap time	
14:30 – 15:00	Snack time	• Healthy snacks • Juice
		• Toilet (girls and boys are separated) • Washing hands
15:00 – 15:30	Outdoor play/Gross motor play	• Sand play • Water play • Park play (If weather permits)
15:30 – 16:00	Groom for home	• Health and Hygiene check • Belonging and bag check
16:00 – 18:00	Free play/tv entertainment	Wait on parents to arrive