

2-3 Class Caterpillar Daily Program



Time	Activity	What we do
6:15 – 8:00	Arrival	Health and Hygiene check
8:00 – 8:30	Breakfast	Served to learners by the school • Jungle Oats • Maize Meal
8:30 – 9:00	Toilet and potty routine	• Nappy check • Potty training
9:00 – 9:30	Morning ring/Music ring/Circle time	• Greeting song • Morning wall and theme discussion • Music and movement
9:30 – 10:15	Creative activity/Sensory play (outdoor if weather permits)	• Fine motor development (finger muscles) • Messy art activity and creative development
10:15 – 10:30	Snack time	• Yogurt • Fruit • Water
10:30 – 11:00	Toilet and potty routine	• Nappy check • Potty training
11:00 – 11:15	Problem solving activity	• Cognitive development • Puzzles • Building blocks Activities that the teachers has planned.

11:15 – 11:45	Lunch time	• Food for the day
11:45 – 12:00	Story and calming time	Creating a calming environment
12:00 – 12:30	Toilet and potty routine	• Nappy check • Potty Training
12:30 – 14:30	Nap time	
14:30 – 15:00	Snack time Toilet and potty routine	• Healthy snacks • Juice
		• Nappy check • Potty training
15:00 – 15:30	Outdoor play/Gross motor play	• Sand play • Water play • Park play (If weather permits)
15:30 – 16:00	Groom for home	• Health and Hygiene check • Belonging and bag check
16:00 – 18:00	Free play/tv entertainment	Wait on parents to arrive