

Ladybug Class

1-2 years

Daily Program



Time	Activity	What we do
6:15 - 8:00	Arrival	Health and hygiene check
8:00 - 8:30	Breakfast	-Breakfast -Nappy check
8:30 - 9:00	Morning Ring/Circle time/Music Time	Greeting song Theme discussion Music and movement
9:00 - 10:00	Sensory play	Messy art Fine motor skills (finger muscles)
10:00 - 10:30	Snack time/Nappy change	-Fruit -Yogurt -Milk or water bottle -Nappy change
10:30 - 11:00	Cognitive/Problem solving activity	-Stacking blocks -Rolling the ball -Opening and closing objects (Activities that the teacher has planned)
11:00 - 11:30	Lunch Time	-Food -Nappy check
11:30 - 12:00	Mat play/Story time	-Creating a calming environment with a short story/Mat play with a calming song
12:30 - 14:30	Naptime	toddlers will start laying down from 12:00 and by 12:30 they will be fast asleep
14:30 - 15:00	Snack time	-Healthy sandwich -Cheddars -Juice bottle -Nappy Change
15:00 - 15:30	Outdoor play/Free play/Gross motor play	Only if weather permits -Sand play -Water play -Strengthening large muscles
15:30 - 16:00	Groom for home	-Nappy check -Health and hygiene check

		-Bag check
16:00 – 18:00	Free play	-Wait for parents to arrive